

CIA Boot Camp “Sample” Schedule

Hyde Park, NY—Mornings	
6:45 a.m.	Continental Breakfast
7:00–8:15 a.m.	Lecture
8:15–8:30 a.m.	Coffee Break
8:30–9:15 a.m.	Lecture/Recipe Review
9:15 a.m.–12:30 p.m.	Demos/Production
12:30–1:15 p.m.	Lunch
1:15–1:30 p.m.	Review & Clean-up
6:30–8:30 p.m.	Dinner in a CIA restaurant on select evenings*

Hyde Park, NY—Evenings	
11:30 a.m. –1:30 p.m.	One afternoon includes lunch in a CIA restaurant*
2:00–3:15 p.m.	Lecture
3:15–3:30 p.m.	Break
3:30–4 p.m.	Lecture/Recipe Review
4:00–7:15 p.m.	Demos/Production
7:15–8:00 p.m.	Dinner
8:00–8:15 p.m.	Review & Clean-up

St. Helena, CA—Mornings	
6:30–7:00 a.m.	Breakfast
7:00–8:15 a.m.	Lecture
8:15–8:30 a.m.	Coffee Break
8:30–9:00 a.m.	Recipe Review
9:00–12:00 p.m.	Demos/Production
12:00–12:45 p.m.	Lunch
12:45–1:30 p.m.	Review & Clean-up
6:00–9:00 p.m.	One evening includes dinner at the CIA or an off-site location when our restaurant is closed*

St. Helena, CA—Evenings	
11:30 a.m.–1:00 p.m.	One afternoon includes lunch at the CIA or an off-site location when our restaurant is closed*
2:00–3:15 p.m.	Lecture
3:15–3:30 p.m.	Break
3:30–4:00 p.m.	Recipe Review
4:00–7:00 p.m.	Demos/Production
7:00–7:45 p.m.	Dinner
7:45–8:30 p.m.	Review & Clean-up

San Antonio, TX—Mornings	
7:00–8:15 a.m.	Lecture
8:15–8:30 a.m.	Coffee Break
8:30–9:15 a.m.	Recipe Review
9:15 a.m.–12:30 p.m.	Demos/Production
12:30–1:15 p.m.	Lunch
1:15–1:45 p.m.	Review & Clean-up
6:00–9:00 p.m.	One evening includes dinner at the CIA*

San Antonio, TX—Evenings	
12:00–1:30 p.m.	One afternoon includes lunch provided by the CIA*
2:00–3:15 p.m.	Lecture
3:15–3:30 p.m.	Snack Break
3:30–4:00 p.m.	Recipe Review
4:00–7:00 p.m.	Demos/Production
7:00–7:45 p.m.	Dinner
7:45–8:30 p.m.	Review & Clean-up

** You will receive a final schedule at Day 1 orientation. Please note, schedules are subject to change.*